

# YOU DO NOT HAVE ONE MODE.

## YOU HAVE FIVE.

Most systems give you a type and stop there. Mind Modes® maps the full range of how your mind works, which modes you rely on, which you have never developed, and how all of them shift when things get hard.



### THE SAGE

Reflective Mode

**You process deeply before you respond.**

Do you see patterns others miss, but sometimes stay in your head too long?



### THE CONNECTOR

Relational Mode

**You feel what others feel before they say it.**

Do you build trust easily, but sometimes lose track of what you actually need?



### THE STRATEGIST

Logical Mode

**You find structure where others see chaos.**

Do you solve problems precisely, but sometimes miss what people are feeling?



### THE SOVEREIGN

Executive Mode

**You decide and move when others are still deliberating.**

Do you create momentum, but sometimes act before fully understanding the situation?



### THE EXPLORER

Creative Mode

**You see possibilities everywhere.**

Do you connect ideas that others never thought to connect, but sometimes start more than you finish?

The mode that feels most familiar is where you naturally lead from. But it is not the only one you have. And it is not the one that shows up when things get hard.

**Discover your unique Mind Modes® blend at [mindmodesassessment.com](https://mindmodesassessment.com)**

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